

Helpful Adolescent Parenting Links

Parent Talk – Adolescence

<http://www.tnpc.com/parentalk/adoles.html>

This is a superb website full of ideas on how to talk with your adolescent on a variety of topics. Topics about communication include:

- [14 Tips for Parents with Teens](#), by Evelyn Petersen
- [Communication Barriers](#), by Kathleen McCoy, Ph.D.
- [Talking So Your Teen Will Listen](#), by Kathleen McCoy, Ph.D.
- [When Your Teen Is Driving You Crazy](#), by Kathleen McCoy, Ph.D.
- [Why Teens Are So Critical](#), by Kathleen McCoy, Ph.D.
- [Keeping Close By Making Happy Family Memories](#), by Kathleen McCoy, Ph.D.
- [Keeping Close Through Adolescence and Beyond](#), by Kathleen McCoy, Ph.D.
- [Getting Teens To Open Up and Talk](#), by Evelyn Petersen
- [Tips on Communicating with Adolescents and Teens](#), by Evelyn Petersen
- [Dealing Effectively with Moody Teenagers](#), by Evelyn Petersen

Parenting Teens on About.com

<http://parentingteens.about.com/>

This resource has a variety of articles, tools, and surveys to take to give you ideas on how to better communicate and connect with your teen. This is one of the single best resources we have found with one click answers!

Communicating with Teens

<http://life.familyeducation.com/teen/communication/34406.html>

Another excellent resource specifically around communicating with your adolescent. Lots of articles with useful real-life examples of how to best connect.

Middle Web.com

<http://www.middleweb.com/mw/resources/MWRpublic.html>

This website has a variety of information on Middle Schools with News Stories, Diary, Chats, Resources, and Links.

Teen Health – Talking To Your Parents or Other Adults

http://kidshealth.org/teen/your_mind/families/talk_to_parents.html

A resource for teens but also very useful for parents. Kidshealth.org also has a Parent section to its website.